

Women Veterans REBOOT WORKSHOP OVERVIEW



OPERATION REBOOT
by National Veterans Transition Services,
Inc. aka REBOOT

An initiative to REBOOT the Lives & Careers of Transitioning Service Members and Veterans and Promote Employment for a Stronger Economy

ABOUT REBOOT - NVTSI's REBOOT Workshops™ provide extensive personalized transitional training. They address personal and social aspects of transition to civilian life. They use research-based, outcome-driven methods drawn from best practices in career planning and cognitive-behavioral techniques to help service members and veterans set and achieve career goals. Training is supplemented with extended follow up that aggregates opportunities, promotes social networking, and facilitates peer support.

WEEK 1 Personal Transition

Addresses personal effectiveness and well-being. Spans 13 multi-media modules and uses video and audio sessions, written materials, exercises, practice interviews, and self-assessment.

WEEK 2 Lifestyle Transition

Addresses living situation and community-life functioning. Exercises and discussion enable participants to identify values and talents, and personalize plans and strategies to achieve specific, meaningful goals.

WEEK 3 Career Transition

Addresses the Transition Domains of employment, career and education. Features in-depth assistance with job preparation, resume writing, interviewing techniques, job searching, and career planning.

FOLLOW-UP:

Reinforce training, strengthen opportunities, monitor success.

Includes: job placement referrals, ongoing support and peer network development; monitoring for success, and; free refresher seminars. Follow-up affords additional data and evaluation opportunities.

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www.rebootworkshop.vet

Studies show that women veterans face greater challenges than their male counterparts. Yet there are very few programs to help them re-assimilate into civilian life. To answer the call, National Veterans Transition Services, Inc. (NVTSI) also known as REBOOT, has launched the Women Veterans Initiative. We designed the program to meet the unique needs of women veterans as they transition from military to civilian life. The REBOOT Workshop™ is the nation's only transition program of its kind that provides women vets with the tools they need to succeed.

The project is supported by Newman's Own Foundation. Newman's Own Foundation is partnering with REBOOT to engage local community/business leaders in providing mentoring for the veteran graduates.

The REBOOT Workshop™ is based around how we think and how our thoughts impact every facet of our lives. It demonstrates how our habits, attitudes and beliefs stand in the way of releasing our inner potential. It also reveals how our beliefs and expectations about ourselves, our families, and our futures are directly related to our current realities.

Workshop Schedule

The 15-day, course of progressive training builds upon the participants' military training, skills, and experience and comprehensively addresses the personal, social, & professional aspects of military-to-civilian life transition.

Date: March 14 to April 1 Washington, DC (Argosy University, Arlington Campus)

Classes are held daily – Monday through Friday from 9:00AM to 4:00PM.

A Mentor will be assigned if available and upon request.

Day 15 of the workshop will culminate with a graduation, held at "Women's Memorial Museum" Arlington, VA

Learning Objectives

Program duration is three-weeks and involves 20 to 25 participants. Each week involves interactive sessions followed by short discussions. Participants are asked to look introspectively at their lives and write answers to reflective questions outlined in the resource material with the facilitators directing group discussions.

Enrollment Requirements

Enrollment to the REBOOT Workshop™ is by application only for transitioning service members, Guard/Reserved members, veterans and spouses.



To Learn More:

Contact Kalem Riley at 619.822.2701 or kalemnvtsi.org or to enroll go to: www.nvtsi.org/enroll